



**Chicken  
Kitchen**

Your Healthy Addiction...!



**WORLD FAMOUS CHOP-CHOP®**

**SMALL    LARGE**

**Lo-Carb Deluxe Chop-Chop® (No Rice)**

Shredded lettuce, diced tomatoes & freshly chopped grilled breast. The Healthiest Meal on the Planet...!

**Original Chop-Chop®**

Freshly chopped grilled breast served over yellow rice. The Original that Started it All... Warning! Highly Addictive!

**Deluxe Chop-Chop®**

Freshly chopped grilled breast with lettuce & tomatoes served over yellow rice. Delectable and Irreplaceable!

**Cuban Chop-Chop®**

Freshly chopped grilled breast w/ lettuce, tomatoes & black beans served over yellow rice. You will go nuts over this One!

**Mexican Chop-Chop®**

Freshly chopped grilled breast w/ lettuce, tomatoes, black beans, sour cream & shredded cheese over yellow rice. Viva Zapata!!!

**Teriyaki Chop-Chop®**

Slow-simmering thighs cooked in Asian spices & herbs w/ a sweet tangy teriyaki glaze served over yellow rice. Scrumptious!

**Oriental Chop-Chop®**

Slow-simmering thighs cooked in a sweet tangy teriyaki glaze w/ lettuce, tomatoes, scallions & sesame seeds over yellow rice

**Cucumber Salad Chop-Chop®**

Diced cucumber, tomatoes, sliced red onions, hummus & freshly chopped grilled breast

**Extra Portion of Chopped Breast**

Substitute Brown Rice for an additional \$0.50

**SIGNATURE SAUCES**

Mustard'N'Curry® • Fresh Salsa • BBQ  
Sweet & Sour • Chipotle • Balsamic Vinaigrette



**SALADS**

**SALAD ONLY    W/ CHIX BREAST**

**Garden Salad**

A crisp blend of iceberg & romaine lettuce, tomatoes, radishes, green peppers, cucumbers & shredded carrots served w/ your choice of dressing

**Caesar's Salad**

Freshly tossed crisp romaine lettuce garnished with crunchy herbs croutons & grated parmesan cheese served w/ Caesar's dressing

**Cobb Salad**

Our own version of a legend! Chopped romaine iceberg lettuce, tomatoes, hard boiled egg, garbanzo beans, scallions & bacon bits served w/ blue cheese dressing

**"Make Your Own" Salad**

Make your own salad by selecting the ingredients of your choice to create your fresh delight!



**DRESSINGS**

Garlic • Italian • Blue Cheese • Fat-Free Ranch  
Balsamic Vinaigrette • Caesar's

**PITA-POCKET® SANDWICHES**

**Original Pita-Pocket®**

freshly chopped grilled breast, shredded lettuce & diced tomatoes in a pita. The Healthiest Sandwich on Earth...!

**Mexican Pita-Pocket®**

freshly chopped grilled breast, shredded lettuce, diced tomatoes, sour cream & shredded cheese in a pita

**Caesar's Pita-Pocket®**

freshly chopped grilled breast, romaine lettuce, grated parmesan cheese & Caesar's dressing in a pita

**Cucumber Salad Pita-Pocket®**

Diced cucumber, tomatoes, sliced red onions hummus & freshly chopped grilled breast

**WRAPITOS®**

**Healthy Wrapito® (No Rice)**

Shredded lettuce, diced tomatoes & freshly chopped grilled breast wrapped in a grilled tortilla

**Original Wrapito®**

Yellow rice and freshly chopped grilled breast wrapped in a grilled tortilla

**Deluxe Wrapito**

Shredded lettuce, diced tomatoes, yellow rice & freshly chopped grilled breast wrapped in a grilled tortilla

**Teriyaki Wrapito**

Sweet tangy teriyaki thighs & yellow rice wrapped in a grilled tortilla

**Cuban Wrapito®**

Shredded lettuce, diced tomatoes, yellow rice, black beans & freshly chopped grilled breast wrapped in a grilled tortilla

**Mexican Wrapito**

Lettuce, tomatoes, yellow rice, vegetarian black beans, sour cream, shredded cheese & freshly chopped grilled breast wrapped in a grilled tortilla

**Vegetarian Wrapito®**

Vegetarian black beans, yellow rice, lettuce, tomatoes, sour cream, & shredded cheese wrapped in a grilled tortilla

**Caesar's Wrapito®**

Freshly chopped grilled breast, romaine lettuce, grated parmesan cheese & Caesar's dressing wrapped in a grilled tortilla

**Cucumber Salad Wrapito®**

Diced cucumber, tomatoes, sliced red onions, hummus & freshly chopped grilled breast

Substitute Brown Rice for an additional \$0.50



**ROTI-GRILL™ CHICKEN**

**CHIX. ONLY    \*VALUE MEAL    2-SIDE MEAL**

**Quarter Dark (2 pieces)**

Drumstick & thigh served with one Signature Sauce

**Quarter White (2 pieces)**

Breast & wing served with one Signature Sauce

**Half Chicken (4 pieces)**

Breast & wing + drumstick & thigh served with two Signature Sauces

**Whole Chicken (8 pieces)**

2 breasts, 2 wings, 2 thighs & 2 legs served with three Signature Sauces

\*Value Meals served with yellow rice and black beans



**HEALTHY KIDS MEALS**

**Original Mini-Chop™ Kids Meal**

Freshly grilled chopped chicken breast served with yellow rice & choice of corn or beans

**Teriyaki Mini-Chop™ Kids Meal**

Chopped teriyaki-glazed sweet chicken served with yellow rice and choice of corn or beans

**1/4 Dark Kids Meal**

Fresh Roti-Grilled drumstick & thigh served with yellow rice and choice of black beans or corn

**SIDE ORDERS**

**REGULAR    LARGE**

**Yellow or White Rice**

**Brown Rice**

**Vegetarian Black Beans**

**Baked Plantains**

**Seasonal Veggies**

**Classic Coleslaw**

**Fresh Mashed Potatoes**

**Balsamic Tomatoes**

**Cucumber Salad**

**Corn on the Cobb**

**Whole Sweet Potatoe**

**Hummus w/ Pita Bread**

**Small Garden Salad**

**Small Caesar's Salad**

**Soup of the day**

**TOPPINGS**

**Guacamole (2ozs.)**

**Shredded Cheese**

**Sour Cream (2ozs.)**

**Extra Sauce**

**Pita Bread**

**BEVERAGES**

**Fountain Sodas**

**Bottled Water**

**Gatorade®**

**Lipton® Green Tea (reg/diet)**

**Tropicana® Drinks**

**Sobe Life® Drinks**